

















ANNEX A– DETAILED SPECIFICATION
REQUEST FOR QUOTATION: No. FRQ/ HCR/ROK/2021/067

QUOTATION TO BE RECEIVED BY: 04 December 2021 by 1300Hrs.

Supply, delivery and installation of gym equipment in UNHCR Representative office Khartoum – East Sudan.

S/N	Equipment Name	Details Description and links to products	Pictures
1	Treadmill Equivalent to Free motion or Kettler or Techno Gym	<p>SHOULD HAVE MINIMUM SPECIFICATION EQUIVALENT TO BELOW: Maximum User Weight: 400 lb / 181 kg Step-up Height: 12.2 in / 31.1 cm Running Surface: 21.5 in x 60 in / 54.6 cm x 152 cm Speed Range: 0-12 mph / 0-20 km/h Controls: 1-STEP™ Incline Controls, 1-STEP™ Speed Controls, Precision Quick Speed Controls Workout matrices: Speed, Time, Incline, Distance, Vertical Feet, Pace, Calories, Cal/Hr, Heart Rate Number of Programme: 43 Entertainment: Should have TV screen with on-console control Wifi: Wifi connectivity 2.4/5 GHz Power: 220-240 VAC, 15 Amp, Dedicated Circuit Warranty: 1 Year</p>	
2	Rowing Machine Equivalent to Kettler or Technogym	<p>SHOULD HAVE MINIMUM SPECIFICATION EQUIVALENT TO BELOW: Measurements: Dimensions (LxWxH)2435 x 629 x 1280 mm (96 x 25 x 50 in) User specifications Max user weight: 160 kg (352 lbs) Min - Max user height: 150 - 210 cm (4.11 - 6.11 in) Performance: Resistance levels: Air resisted rowing mode - 10 levels, additional power mode - 3 levels Insulation protection: IP55 Console type: 7" LCD display with backlight Connectivity: my wellness platform connectivity User login through Bluetooth® Smart, Technogym key, my wellness® band, NFC, QR Code Telemetric heart rate device compatibility Bluetooth® Smart, ANT+ Warranty: 1 Year</p>	
3	Cross Trainer Equivalent to Free Motion Elliptical Trainer or Kettler	<p>SHOULD HAVE MINIMUM SPECIFICATION EQUIVALENT TO BELOW: Workout Metrics: Speed, Resistance, RPM, Distance, Calories, Time, Heart Rate, Watts, Pace Number of Programs: 14 Preset Programs: 4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate, Watt Training WIFI: Wifi connectivity 2.4/5 GHz Product Features: Crank & Axle: 2 PC, 20 in / 50.8 cm Stroke Heart Rate Monitoring: Dual-Grip Pulse Sensors, Polar® Wireless Receiver Optional: 15.6 in (39 cm) Personal TV with on-console controls, 900/800 MHz TV receiver (MYE900RCVR) Maximum User Weight: 400 lb / 182 kg Stride Length: 20 in / 50.8 cm stride length Resistance Levels: 1-24 Levels of Resistance DIMENSIONS & WEIGHT Product Dimensions L x W x H 83.5 x 24.6 x 62.7 in / 212 x 62.4. x 159.2 cm Power Requirement: Input 110~240V, Output 15V 3A</p>	

4	Leg Press machine		
5	Gym belts (men xxl and women xl)		
6	Heavy duty Elliptical machine		
7	A short bar bell with its weights (its approx. 1 meter long) together with its accompanying weights		
8	Comprehensive gym machine		
9	Arb Wheel		
10	Rowing Machine		
11	Multi-purpose bench press		
12	Hyper-extension machine		

13	Kettler KINETIC Stations F3 or F5 or Technogym Unica	Dimensions (LxWxH): 166 x 170 x 215 cm Brands: Kettler Use: Home use Condition: New Model Max user weight :150 kilogram Type bearing Ball: bearing Weight 104 kilogram Warranty: 3 years	
14	Exercise Mats equivalent to Technogym	Dimension: 180 x 66 cm / 70.9 x 26 in Thickness: 4 mm / 0.16 in 100% recyclable and biodegradable Materials: Top layer: Nano rubber Middle layer: Nonwoven fabric Bottom layer: Natural rubber	
15	Exercise Balls	Setup Length/Width/Height: 48 x 48 x 48 inches Setup Weight: 10 lbs Package Length/Width/Height: 13 x 6 x 10 inches Package Weight: 12 lbs Residential Warranty: 1 YEAR	
16	Kettle bells (rubber coated weights) Equivalent to Technogym brand	Kettle bells set (Rubber coated weight range from 4kg to 14kg) with rack	
17	Jump/skipping Ropes	Adjustable length and Tangle free	
18	Dumbbells Set	Rubber coated dumbbell set (04 Kg to 14 Kg weight) with rack	
19	Cycling Bike equivalent to NordicTrack or Techno Gym or Free Motion	Dimensions (LxWxH)1214 x 589 x 1382 mm (47.8 x 23.2 x 52.3 in) Max user weight: 160 kg (353 lbs) Min – max user height: 140 – 210 cm (4.7” - 6.11”) Power Requirement: Input 110~240V, Output 15V 3A Warranty: 1 Year	
20	Table Tennis with paddles and cover Warranty: 1 Year	KETTLER Indoor 2	
		Kettler Table Tennis Cover x 2	
		Kettler Champ Paddles x 4 - Championship Grade Bats	
21		Kettler Match Paddles x 4	

NOTE:

The suppliers are required to submit their quotes for each gym equipment with the Brand, Country of origin, brochure / pictures, Delivery and Warranty period. Please note that low value Chinese products are not acceptable

